



STARTERS

ANTIPASTO PLATTER <i>salami, marinated vegetables, cheese</i>	16
PROSCIUTTO AND MELON <i>imported prosciutto, cantaloupe</i>	14
BEEF CARPACCIO <i>thin beef tenderloin, arugula, shaved parmesan</i>	16
STEAMED ARTICHOKE <i>tomato basil salsa, parmesan, butter</i> ..	11
GARLIC BREAD <i>garlic, parmesan, butter</i>	7
SCAMPI FRITTI <i>large breaded shrimp, pesto remoulade</i>	15
MUSSELS IN WHITE WINE <i>mussels, white wine, garlic, shallots</i>	17
BRUSCHETTA <i>garlic toast, tomato, basil, garlic, EVO</i>	8
WARM ROASTED OLIVES <i>marinated olives and herbs</i>	9
EGGPLANT SICILIANA <i>roasted eggplant, tomato, mozzarella, pesto</i>	12

SALADS

"THE ORIGINAL" SIMPLE SALAD <i>romaine, cherry tomato, parmesan, red onion, herb vinaigrette</i>	9/14
ORGANIC GREENS <i>organic mixed greens, pine nuts, parmesan, balsamic</i>	9/14
ARUGULA <i>tomato, mushroom, parmesan, lemon vinaigrette</i>	9/14
CAPRESE <i>fresh mozzarella, roma tomato, basil, EVO</i>	10/15
CHOPPED ANTIPASTO SALAD <i>Italian meats, cheese, romaine, marinated vegetables, herb vinaigrette</i>	10/15
BABY SPINACH <i>organic spinach, imported gorgonzola, sweet walnuts, balsamic vinaigrette</i>	10/15
RUSTIC CAESAR <i>romaine, lettuce, parmesan, tomato, bruschetta, caesar dressing</i>	9/14
PESTO CHICKEN SALAD <i>pine nuts, tomato, cheese, focaccia bread and cantaloupe</i>	17
BURRATA WITH PROSCIUTTO <i>local made burrata cheese, tomato, basil, prosciutto, roasted peppers, EVO</i>	17
ROASTED BEET <i>arugula, goat cheese, sweet pecans, balsamic dressing</i>	16
<i>add shrimp</i> 7 <i>add chicken</i>6	

GALE'S LUNCH SPECIALS

SANDWICH SPECIAL <i>half sandwich of tuna salad, caprese, chicken or chicken salad, cup of soup and salad</i>	15
FLAT IRON STEAK <i>grilled portobello, asparagus, tomato basil salsa, small green salad</i>	22
PIZZA SPECIAL <i>individual pizza up to two toppings, small green salad</i>	15
<i>upgrade Pizza</i>add \$4	
GRILLED CHICKEN PAILLARD <i>chicken breast pounded thin, arugula and tomato salad</i>	17
MINISTRONE SOUP <i>vegetables, pasta, pesto, vegetarian broth</i>	6/10
SOUP OF THE DAY <i>daily selections</i>	6/10

SANDWICHES *served on fresh artisan rolls with side salad of the day (whole wheat bread available)*

ITALIAN MEAT AND CHEESE <i>mortadella, salami, hot ham, roast pork, provolone, vinaigrette, spicy peppers</i> ...	16
CAPRESE <i>fresh mozzarella, roma tomato, basil, EVO</i>	15
PORTOBELLO MUSHROOM <i>peppers, tomatoes, pesto, goat cheese</i>	15
MEATBALL <i>marinara sauce, mozzarella cheese</i>	15
ITALIAN SAUSAGE <i>peppers, onions, marinara sauce, mozzarella cheese</i>	15
GRILLED SALMON CLUB <i>grilled salmon, bacon, avocado, lettuce, tomato</i>	17
GRILLED CHICKEN <i>chicken breast, arugula, tomato, mayonnaise</i>	15
CHICKEN SALAD <i>all white meat chicken salad, lettuce, sliced tomato</i>	15
ROAST PORK PANNINI <i>pesto, chopped tomato basil, mozzarella cheese and dijonaise</i>	15
TUNA SALAD <i>celery, onion, mayonnaise, lettuce, tomato</i>	15
THE CHEESEBURGER <i>provolone cheese, lettuce, tomato, red onion with inclusive salad</i>	17
ROASTED EGGPLANT <i>marinara, mozzarella, pesto</i>	15

PASTA *all pasta comes with green salad whole wheat available gluten free pasta available...2*

CAPPELLINI POMODORO <i>chopped roma tomato, fresh basil, garlic, EVO</i>	15
ROTINI BOLOGNESE <i>slow cooked italian meat sauce</i>	17
FETTUCCINI CARBONARA <i>cream, pancetta, onion, egg, parmesan</i>	17
SCAMPI LINGUINI <i>shrimp, rapini, sundried tomato, kalamata olive, garlic, EVO</i>	20
PORTOBELLO RAVIOLI <i>portobello ravioli, cream, wild mushrooms</i>	19
CLAMS LINGUINI <i>clams, white wine, garlic, parsley, EVO</i>	21
PENNE AL FROMAGIO <i>fresh mozzarella, cream, marinara, basil, garlic, parmesan</i>	16
FETTUCCINI ARRABBIATA <i>spicy tomato sauce, garlic, parsley</i>	15
SPAGHETTI MARINARA <i>traditional tomato sauce, garlic, basil</i>	14
ORRECHETTE VERDURE <i>spinach, rapini, peas, sundried tomato, garlic, EVO</i>	15
SPAGHETTI, LEMON, SCAMPI <i>shrimp, capers, lemon, EVO</i>	20
SPINACH LASAGNA <i>spinach, ricotta, mozzarella, parmesan, marinara</i>	17
LASAGNA BOLOGNESE <i>meat sauce, ricotta, mozzarella, parmesan, marinara</i>	18
PASTA AL FORNO <i>creamy meat sauce, mozzarella, parmesan</i>	18
<i>housemade meatballs</i>5 <i>Italian sausage</i>5 <i>clams/mussels</i>10	

Gale's Restaurant only uses antibiotic free chicken

