



STARTERS

ANTIPASTO PLATTER <i>salami, marinated vegetables, cheese</i>	16
PROSCIUTTO AND MELON <i>imported prosciutto, cantaloupe</i>	15
BEEF CARPACCIO <i>thin beef tenderloin, arugula, shaved parmesan</i>	17
STEAMED ARTICHOKE <i>tomato basil salsa, parmesan, butter</i> ..	12
GARLIC BREAD <i>garlic, parmesan, butter</i>	8
SCAMPI FRITTI <i>large breaded shrimp, pesto remoulade</i>	17
MUSSELS IN WHITE WINE <i>mussels, white wine, garlic, shallots</i>	18
BRUSCHETTA <i>garlic toast, tomato, basil, garlic, EVO</i>	9
WARM ROASTED OLIVES <i>marinated olives and herbs</i>	9
EGGPLANT SICILIANA <i>roasted eggplant, tomato, mozzarella, pesto</i>	13

SALADS

"THE ORIGINAL" SIMPLE SALAD <i>romaine, cherry tomato, parmesan, red onion, herb vinaigrette</i>	10
ORGANIC GREENS <i>organic mixed greens, pine nuts, parmesan, balsamic</i>	10
ARUGULA <i>tomato, mushroom, parmesan, lemon vinaigrette</i>	10
BABY SPINACH <i>organic spinach, imported gorgonzola, sweet pecans, pear, balsamic vinaigrette</i>	10
RUSTIC CAESAR <i>romaine, lettuce, parmesan, tomato, bruschetta, caesar dressing</i>	10
<i>add shrimp..... 10 add chicken.....8 add salmon.....12</i>	
CHOPPED ANTIPASTO SALAD <i>Italian meats, cheese, romaine, marinated vegetables, herb vinaigrette</i>	11/17
CAPRESE <i>fresh mozzarella, roma tomato, basil, EVO</i>	15
PESTO CHICKEN SALAD <i>pine nuts, tomato, cheese, focaccia bread and cantaloupe</i>	17
BURRATA WITH PROSCIUTTO <i>local made burrata cheese, tomato, basil, prosciutto, roasted peppers, EVO</i>	17
ROASTED BEET <i>arugula, goat cheese, sweet pecans, balsamic dressing</i>	17

GALE'S LUNCH SPECIALS

SANDWICH SPECIAL <i>half sandwich of tuna salad, caprese, chicken or chicken salad, cup of soup and salad</i>	16
FLAT IRON STEAK <i>grilled portobello, sautéed spinach, tomato basil salsa</i>	24
PIZZA SPECIAL <i>individual pizza up to two toppings, small green salad</i>	16
<i>upgrade Pizza.....add \$4</i>	
GRILLED CHICKEN PAILLARD <i>chicken breast pounded thin, arugula and tomato salad</i>	18
MINISTRONE SOUP <i>vegetables, pasta, pesto, vegetarian broth</i>	6/10
SOUP OF THE DAY <i>daily selections</i>	6/10

SANDWICHES *served on fresh artisan rolls with side salad of the day (whole wheat bread available)*

ITALIAN MEAT AND CHEESE <i>mortadella, salami, hot ham, roast pork, provolone, vinaigrette, spicy peppers</i>	17
CAPRESE <i>fresh mozzarella, roma tomato, basil, EVO</i>	16
PORTOBELLO MUSHROOM <i>peppers, tomatoes, pesto, goat cheese</i>	16
MEATBALL <i>marinara sauce, mozzarella cheese</i>	16
ITALIAN SAUSAGE <i>peppers, onions, marinara sauce, mozzarella cheese</i>	16
GRILLED SALMON CLUB <i>grilled salmon, bacon, avocado, lettuce, tomato</i>	18
GRILLED CHICKEN <i>chicken breast, arugula, tomato, mayonnaise</i>	16

CHICKEN SALAD <i>all white meat chicken salad, lettuce, sliced tomato</i>	16
ROAST PORK PANNINI <i>pesto, chopped tomato basil, mozzarella cheese and dijonnaise</i>	16
TUNA SALAD <i>celery, onion, mayonnaise, lettuce, tomato</i>	16
ROASTED EGGPLANT <i>marinara, mozzarella, pesto</i>	16

PASTA *whole wheat available* *gluten free pasta available* *add soup or salad.....4*

CAPPELLINI POMODORO <i>chopped roma tomato, fresh basil, garlic, EVO</i>	15
ROTINI BOLOGNESE <i>slow cooked italian meat sauce</i>	17
FETTUCCINI CARBONARA <i>cream, pancetta, onion, egg, parmesan</i>	17
SCAMPI LINGUINI <i>shrimp, rapini, sundried tomato, kalamata olive, garlic, EVO</i>	21
PORTOBELLO RAVIOLI <i>portobello ravioli, cream, wild mushrooms</i>	19
CLAMS LINGUINI <i>clams, white wine, garlic, parsley, EVO</i>	21
PENNE AL FROMAGIO <i>fresh mozzarella, cream, marinara, basil, garlic, parmesan</i>	16
FETTUCCINI ARRABBIATA <i>spicy tomato sauce, garlic, parsley</i>	15
SPAGHETTI MARINARA <i>traditional tomato sauce, garlic, basil</i>	14
ORRECHETTE VERDURE <i>spinach, rapini, peas, sundried tomato, garlic, EVO</i>	15
SPAGHETTI, LEMON, SCAMPI <i>shrimp, capers, lemon, EVO</i>	21
SPINACH LASAGNA <i>spinach, ricotta, mozzarella, parmesan, marinara</i>	17
LASAGNA BOLOGNESE <i>meat sauce, ricotta, mozzarella, parmesan, marinara</i>	18
PASTA AL FORNO <i>creamy meat sauce, mozzarella, parmesan</i>	18
<i>housemade meatballs.....7 Italian sausage.....7 clams/mussels.....12</i>	

Gale's Restaurant only uses antibiotic free chicken

PIZZA *all pizzas made to order please allow 20-25 minutes per pizza small size gluten free pizzas available*

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MARGHERITA <i>fresh tomato and basil, mozzarella, tomato sauce</i>	16	18	21
ROASTED VEGETABLE <i>roasted vegetables, fresh tomato, mozzarella, tomato sauce</i>	18	20	23
MUSHROOM AND GARLIC <i>sautéed mushrooms, garlic, mozzarella, tomato sauce</i>	16	18	21
ROSEMARY ROASTED CHICKEN <i>roasted chicken breast, mozzarella, ricotta, chopped tomato, pesto, garlic and parsley</i>	22	24	27
SPICY! <i>hot ham (cappacola), pepperoni, jalapeño, mozzarella, tomato sauce</i>	18	20	22
WITH EVERYTHING <i>pepperoni, sausage, mushrooms, peppers, onions, olives, mozzarella, tomato sauce</i>	21	23	26
WHITE PIZZA <i>mozzarella, ricotta, garlic, parsley, olive oil</i>	18	20	23
GOAT CHEESE AND PESTO <i>fresh goat cheese, basil pesto, mozzarella, tomato sauce</i>	20	22	25
ITALIAN MEAT <i>meatball, pepperoni, sausage, mozzarella, tomato sauce</i>	19	21	24
PROSCIUTTO <i>prosciutto, arugula, mozzarella, tomato sauce</i>	22	24	27
EGGPLANT <i>eggplant, mushrooms, onion, tomato sauce, mozzarella</i>	19	21	24

TOPPINGS

pepperoni, sausage, meatball, salami, onions, mushrooms, olives, tomatoes, bell pepper, garlic, jalapenos, anchovies

CHEESE	13	15	17
ONE ITEM	14	17	20
TWO ITEMS	15	19	23
THREE ITEMS	16	21	26
SPECIAL TOPPINGS			
<i>gorgonzola cheese, cappacola, arugula, pesto, ricotta, goat cheese</i>	4	6	8
CHICKEN.....	6	8	10
SHRIMP.....	7	9	11
PROSCIUTTO	8	10	12