



STARTERS

ANTIPASTO PLATTER <i>salami, marinated vegetables, cheese</i>	16
PROSCIUTTO AND MELON <i>imported prosciutto, cantaloupe</i>	15
BEEF CARPACCIO <i>thin beef tenderloin, arugula, shaved parmesan</i>	17
STEAMED ARTICHOKE <i>tomato basil salsa, parmesan, butter</i> ..	12
GARLIC BREAD <i>garlic, parmesan, butter</i>	8
SCAMPI FRITTI <i>large breaded shrimp, pesto remoulade</i>	17
MUSSELS <i>white wine, garlic, shallots</i>	18
BRUSCHETTA <i>garlic toast, tomato, basil, garlic, EVO</i>	9
WARM ROASTED OLIVES <i>marinated olives and herbs</i>	9
EGGPLANT SICILIANA <i>roasted eggplant, tomato, mozzarella, pesto</i>	13

SALADS

"THE ORIGINAL" SIMPLE SALAD <i>romaine, cherry tomato, parmesan, red onion, herb vinaigrette</i>	9/15
ORGANIC GREENS <i>organic mixed greens, pine nuts, parmesan, balsamic</i>	9/15
ARUGULA <i>tomato, mushroom, parmesan, lemon vinaigrette</i>	9/15
CAPRESE <i>fresh mozzarella, roma tomato, basil, EVO</i>	15
CHOPPED ANTIPASTO SALAD <i>Italian meats, cheese, romaine, marinated vegetables, herb vinaigrette</i>	11/17
BABY SPINACH <i>organic spinach, imported gorgonzola, sweet pecans, pear, balsamic vinaigrette</i>	10/16
RUSTIC CAESAR <i>romaine, lettuce, parmesan, tomato, bruschetta, caesar dressing</i>	9/15
BURRATA WITH PROSCIUTTO <i>local made burrata cheese, tomato, basil, prosciutto, roasted peppers, EVO</i>	17
ROASTED BEET <i>arugula, goat cheese, sweet pecans, balsamic dressing</i>	17
<i>add shrimp</i> 10 <i>add chicken</i> 8	

SOUP

MINISTRONE SOUP <i>vegetables soup with pasta, pesto, vegetarian broth</i>	6/10
SOUP OF THE DAY <i>daily selections</i>	6/10

MEATS AND FISH *served with choice of two sides: roasted potatoes, sautéed spinach, Yukon Gold mashed potatoes, daily vegetable or penne marinara substitute small simple salad... 3*

CHICKEN PICCATA <i>chicken breast lightly floured, lemon, parsley, capers</i>	28
TUSCAN STYLE STEAK <i>New York steak, garlic, herbs</i>	36
COUNTRY STYLE STEAK <i>New York steak sliced, arugula, shaved parmesan</i>	38
ROSEMARY LAMB CHOPS <i>seasoned with garlic and rosemary</i>	38
HERB ROASTED CHICKEN <i>oven roasted Mary's free range chicken seasoned with fresh herbs</i>	28
CHICKEN MILANESE <i>chicken breast, seasoned bread crumbs, parmesan cheese</i>	28
CHICKEN PARMESAN <i>chicken milanese with marinara and melted mozzarella cheese</i>	29
CHICKEN CACCIATORE <i>Mary's chicken, roasted bell pepper, mushroom, onion, tomato</i>	28
FRESH SALMON SAUTE <i>lightly sautéed and served with garlic yogurt aioli</i>	28
FRESH FISH OF THE DAY <i>brought in daily from Fish King Seafood</i>	M/P

Ask your server for today's special selections | Gale's Restaurant only uses antibiotic free chicken

PASTA *whole wheat available* *gluten free pasta available*

CAPPELLINI POMODORO <i>chopped roma tomato, fresh basil, garlic, EVO.....</i>	15
ROTINI BOLOGNESE <i>slow cooked italian meat sauce.....</i>	17
FETTUCCINI CARBONARA <i>cream, pancetta, onion, egg, parmesan.....</i>	17
SCAMPI LINGUINI <i>shrimp, rapini, sundried tomato, kalamata oilive, garlic, EVO.....</i>	21
PORTOBELLO RAVIOLI <i>portobello ravioli, cream, wild mushrooms.....</i>	19
CLAMS LINGUINI <i>clams, white wine, garlic, parsley, EVO.....</i>	21
PENNE AL FROMAGIO <i>fresh mozzarella, cream, marinara, basil, garlic, parmesan.....</i>	16
FETTUCCINI ARRABBIATA <i>spicy tomato sauce, garlic, parsley.....</i>	15
SPAGHETTI MARINARA <i>traditional tomato sauce, garlic, basil.....</i>	14
ORRECHETTE VERDURE <i>spinach, rapini, peas, sundried tomato, garlic, EVO.....</i>	15
SPAGHETTI, LEMON, SCAMPI <i>shrimp, capers, lemon, EVO.....</i>	21
SPINACH LASAGNA <i>spinach, ricotta, mozzarella, parmesan, marinara.....</i>	17
LASAGNA BOLOGNESE <i>meat sauce, ricotta, mozzarella, parmesan, marinara.....</i>	18
PASTA AL FORNO <i>creamy meat sauce, mozzarella, parmesan.....</i>	18
<i>housemade meatballs.....7 Italian sausage.....7 clams/mussels.....12</i>	

Gale's Restaurant only uses antibiotic free chicken

PIZZA *all pizzas made to order please allow 20-25 minutes per pizza small size gluten free pizzas available*

	sm	med	lg
MARGHERITA <i>fresh tomato and basil , mozzarella, tomato sauce</i>	16	18	21
ROASTED VEGETABLE <i>roasted vegetables, fresh tomato, mozzarella, tomato sauce.....</i>	18	20	23
MUSHROOM AND GARLIC <i>sautéed mushrooms, garlic, mozzarella, tomato sauce</i>	16	18	21
ROSEMARY ROASTED CHICKEN <i>roasted chicken breast, mozzarella, ricotta, chopped tomato, pesto, garlic and parsley.....</i>	22	24	27
SPICY! <i>hot ham (cappacola), pepperoni, jalapeño, mozzarella, tomato sauce.....</i>	18	20	22
WITH EVERYTHING <i>pepperoni, sausage, mushrooms, peppers, onions, olives, mozzarella, tomato sauce.....</i>	21	23	26
WHITE PIZZA <i>mozzarella, ricotta, garlic, parsley, olive oil</i>	18	20	23
GOAT CHEESE AND PESTO <i>fresh goat cheese, basil pesto, mozzarella, tomato sauce.....</i>	20	22	25
ITALIAN MEAT <i>meatball, pepperoni, sausage, mozzarella, tomato sauce.....</i>	19	21	24
PROSCIUTTO <i>prosciutto, arugula, mozzarella, tomato sauce.....</i>	22	24	27
EGGPLANT <i>eggplant, mushrooms, onion, tomato sauce, mozzarella.....</i>	19	21	24

TOPPINGS

pepperoni, sausage, meatball, salami, onions, mushrooms, olives, tomatoes, bell pepper, garlic, jalapenos, anchovies

CHEESE	13	15	17
ONE ITEM	14	17	20
TWO ITEMS	15	19	23
THREE ITEMS	16	21	26
SPECIAL TOPPINGS			
<i>gorgonzola cheese, cappacola, arugula, pesto, ricotta, goat cheese.....</i>	4	6	8
CHICKEN.....	6	8	10
SHRIMP.....	7	9	11
PROSCIUTTO	8	10	12